

# Substance Abuse Treatment for Adults in the Criminal Justice System

## TIP 44

### Chapters 7,8,9

#### Chapter 7

1. At what stage are offenders charged with a crime not convicted, and involvement with treatment may or may not be in the offender's legal interests.
  - a. Jail
  - b. Prison
  - c. Pretrial
  - d. Diversion
  
2. Nationally, \_\_\_\_ percent of all arrestees test positive for an illicit drug
  - a. 75
  - b. B. 45
  - c. 55
  - d. 65
  
3. A general consideration for a counselor working with clients in the criminal justice system includes bearing in mind the presumption of innocence that exists during the pretrial period.
  - a. True
  - b. False
  
4. \_\_\_\_ is a technical term signifying presentation of the charges to the defendant.
  - a. Arraignment
  - b. Diversion
  - c. Misdemeanor
  - d. Violation
  
5. \_\_\_\_ is the period after guilty pleas is entered or after a conviction is handed down.
  - a. Pretrial
  - b. Pre sentencing
  - c. Arraignment
  - d. Sentencing
  
6. Much of the substance abuse treatment that occurs in the \_\_\_\_\_ setting is in the form of diversion from prosecution into treatment.
  - a. Pre sentencing
  - b. Arraignment
  - c. Pretrial
  - d. None of the Above

7. Treatment through drug courts usually consists of these phases; orientation, drug education, treatment, relapse prevention, education/vocational services, aftercare and transition.
  - a. True
  - b. False
  
8. All offenders charged with nonviolent drug-related offenses are potentially eligible to receive treatment services through the this initiative.
  - a. Prop 32
  - b. Prop 36
  - c. Prop 63
  - d. Prop 46
  
9. Recent evaluations of drug court programs throughout the United States indicate that they are not achieving their goals.
  - a. True
  - b. False
  
10. \_\_\_\_\_ is the term used to describe that process of withdrawal from alcohol or drugs that cause physical addiction.
  - a. Intervention
  - b. Withdrawal
  - c. Detoxification
  - d. Sobering station
  
11. An example of a sanction used in diversion is restitution in which the payment by the offender is paid the costs to the victim's losses or injuries and/or damages to the victim.
  - a. True
  - b. False
  
12. Counselors shouldn't avoid allowing individuals to be inadvertently personalized for enrolling in treatment.
  - a. True
  - b. False
  
13. \_\_\_\_\_ is based on understanding and respect for differences among people and groups.
  - a. Cooperation
  - b. Intervention
  - c. Cultural Competence
  - d. None of the Above
  
14. The MOU should describe the conditions under which the information can be shared or held confidential.
  - a. True
  - b. False

15. Pretrial drug testing is considered a search under the \_\_\_\_\_ Amendment to the U.S. Constitution.
- Fifth
  - Third
  - Fourth
  - Second

## Chapter 8

16. Jails confine people during the adjudication process (i.e., arraignment). These individuals are referred to as \_\_\_\_\_ and have not yet been sentenced.
- parolees
  - detainees
  - prisoners
  - inmate
17. Enactment of harsher sentencing laws for drug offenses has led to increases in the number of minority and male inmates.
- True
  - False
18. Dedicated staff space would optimally be provided in an area within or adjacent to the isolated treatment unit. The benefits of providing dedicated treatment space include the following:
- Privacy in conducting treatment and staff meetings
  - Reduced competition for treatment program space
  - More readily available staff
  - Reduction of issues related to inmate movement and coordination
  - All of the above
19. Due to the wide variety of populations incarcerated in jails, detainees may learn about scenarios that are not relevant to their own case processes.
- True
  - False
20. Regardless of the duration of treatment, complicating factors for those in jail include:
- Co-occurring medical problems
  - Histories of physical and sexual abuse
  - Unstable relationships and social support
  - Homelessness, gender and cultural differences
  - All of the above
21. \_\_\_\_\_ and continued professional development can reduce therapist \_\_\_\_\_ and increase treatment efficacy.
- Support, anxiety
  - Education, burnout
  - Support, burnout
  - None of the Above

22. In these cases, short-term strategies are developed to maintain personal safety for victims.
- Anger Management
  - Domestic Violence
  - Motivational Interviewing
  - None of the Above
23. \_\_\_\_\_ identifies and uses the assets that clients bring to the treatment program to improve their chances for successful recovery.
- Anger management
  - Domestic violence
  - Strengths building
  - Problem solving
24. The purpose of this is to look at the family and try to understand its criminal and/or substance use history and how the family adapted over the years in an effort to maintain stability.
- Family mapping
  - Family tree
  - Family support
  - Child Welfare
25. Behavior change, Public health, Rehabilitation and Long-term good of individual and family are goals of:
- Treatment System
  - Corrections System
  - Shared Goals
  - No Goal at all
26. Safety of inmates, Safety of jail personnel, Punishment and Safety of community are goals of:
- Treatment System
  - Corrections System
  - Shared Goals
  - No Goal at all
27. Reducing crime, reducing substance abuse, reducing violence and changing behaviors are goals of:
- Treatment System
  - Corrections System
  - Shared Goals
  - No Goal at all
28. Treatment for Specific Populations can increase outreach to detainees and inmates otherwise not identified or provided with treatment.
- Advantage
  - Disadvantage

29. Treatment for specific populations allows for creation of aftercare and community linkages for special populations.
- Advantage
  - Disadvantage
30. Mainstream treatment is not as effective with special needs populations who need more intensive services.
- Advantage
  - Disadvantage
31. Mainstream treatment interventions reach more inmates.
- Advantage
  - Disadvantage
32. One Los Angeles drug court, designed for probation violators, require \_\_\_\_\_ month's in jail treatment prior to completing subsequent phases of the program.
- 6
  - 3
  - 9
  - 12
33. Multnomah County Sheriff's plans aftercare programs that include case management and client's needs assessment.
- True
  - False
34. Philadelphia Prison System provides aftercare follow up services that includes program staff making home videos.
- True
  - False
35. Walden House offers a 16 week academic course that provides women with information about college admission and financial aid.
- True
  - False

## Chapter 9

36. The percentage of prison inmates incarcerated for parole violations has increased in recent years.
- True
  - False
37. The lifetime incidence of substance abuse or dependence disorders in the prison population is roughly \_\_\_\_\_%.
- 25
  - 75
  - 65
  - 85

38. Marker of PTSD (post traumatic stress disorder) include all except:
- Sleep difficulties
  - Over eating
  - Feeling of detachment
  - Flashbacks
39. Employing all male counselors is helpful in an all male program.
- True
  - False
40. As the most common treatment method, \_\_\_\_\_ counseling seeks to address the underlying psychological and behavioral problems.
- Individual
  - Group
  - Specialty
  - Couples
41. Role playing exercises have been used with prisoner since \_\_\_\_\_, particularly in residential treatment.
- 1950
  - 1960
  - 1955
  - 1965
42. The initial's "TC" stand for:
- Therapeutic Counseling
  - Therapeutic Cities
  - Therapeutic Communities
  - Therapeutic Communion
43. The number of inmates in State and Federal prisons aged 55 and older had decreased dramatically in recent years.
- True
  - False
44. Incentives should be offered to inmates who adhere to the program rules, to recognize small accomplishments. Possible incentives include all except:
- Awards and recognition ceremonies
  - Preferred meals and special desserts
  - New car and trip
  - Financial rewards and increased privileges
45. It is not necessary for the criminal justice professional to understand the dynamics of substance abuse treatment and its potential to reduce recidivism and relapse.
- True
  - False